



Aetna Better Health[®] of Virginia

1-800-279-1878

TTY 711

AetnaBetterHealth.com/Virginia

Added benefits:

Healthy moms and kids

- Baby Matters maternity incentive program with \$50 gift card, plus virtual baby showers and portable cribs for attendees
- 300 free diapers
- Ted E. Bear, M.D.[™] Club
- Free swim lessons
- Free youth sports physicals

Phone and online tools

- Free smartphone with free unlimited minutes and texts, plus 10 GB of data monthly
- 24/7 Member Services

Wellness programs

- Asthma program with 2nd inhaler or nebulizer plus bed and carpet cleaning
- Diabetes Care for Life program
- Weight management

Other benefits

- Free rides to grocery store, farmers market, food pantry, place of worship, DSS, DMV, WIC, certain social activities, and more (30 round trips each year)
- Home meal delivery after hospital stay (14 meals)
- GED certificate incentive



Anthem[®] HealthKeepers Plus

Offered by HealthKeepers, Inc.

1-800-901-0020

TTY 711

anthem.com/vamedicaid

Added benefits:

Healthy moms and kids

- Boys & Girls Club membership
- Free diapers, umbrella stroller and \$35 Barnes & Noble gift card for books
- Free sports physical
- Up to \$30 baby food Kroger vouchers for going to well-child visits

Phone and online tools

- Free smartphone with 350 minutes, unlimited texts, plus 4.5 GB of data monthly
- Free Chromebook for high school seniors with 3.5 GPA

Wellness programs

- \$120 of Weight Watchers[®] vouchers
- Gift card up to \$50 per goal
- Personalized / interactive app

Other benefits

- 12 free rides to grocery store or food bank per year
- 14 meals delivered to your home after hospital stay
- \$120 in GED testing vouchers
- \$25 gift card for good grades
- Coupon book
- Up to \$20 Walmart gift card for completing health screener
- Air purifier (with approval)



Molina Complete Care

1-800-424-4518

TTY 711

MCCofVA.com

Added benefits:

Healthy moms and kids

- Pregnancy supplies and mobile information tools
- Member baby showers hosted quarterly per region
- Yearly sports physicals for children
- Bicycle helmets for children

Phone and online tools

- Free smartphone with 350 minutes, unlimited texts, plus 4.5 GB of data monthly

Vision

- 1 eye exam every other year and up to \$100 for glasses (frames and lenses) or contacts every year

Wellness programs

- Healthy Rewards gift card up to \$50
- Yearly routine physicals for adults

Other benefits

- Fresh meals delivered to your home after hospital stay
- SaveAround retail coupon book



1-800-881-2166

TTY 711

optimahealth.com/familycare

Added benefits:

Healthy moms and kids

- OB programs, baby showers and incentives up to \$75

Phone and online tools

- Free smartphone with 350 minutes, unlimited texts, free monthly calls to health plan
- Web and mobile app tools

Vision

- 1 eye exam and \$100 for frames each year

Wellness programs

- Weight management
- Wellness rewards up to \$50
- Online search tool to find food, housing, jobs and more

Other benefits

- Free sports physicals
- 24-hour doctor access for non-life threatening health questions or needs
- Up to \$275 for GED prep testing vouchers plus prep coaching
- Up to \$75 college applications help (restrictions apply)
- Meals delivered to your home after hospital stay, including OB, 2 meals each day for 7 days



1-844-752-9434

TTY 711

uhccp.com/virginia

Added benefits:

Healthy moms and kids

- Prenatal and maternity incentives
- Free sports physical
- Free Boys & Girls Club membership
- KidsHealth[®] online resources
- Free mattress cover and pillowcase for members with asthma

Phone and online tools

- Free smartphone with 350 minutes, unlimited texts, and 3 GB data monthly
- Online member tools
- On My Way[™] interactive website for teens
- Stress, anxiety, and depression support with Sanvello app

Wellness programs

- Weight Watchers[®]
- Wellness rewards for healthy behavior

Other benefits

- Rides to non-medical sites, such as WIC appointments and food banks
- 14 meals delivered to home after discharge
- Fresh EBT mobile app
- Fotonovelas health education pamphlet in Spanish



1-800-727-7536 | TTY 711

Northern Virginia members* with Kaiser Permanente: 1-855-249-5025

virginiapremier.com

Added benefits:

Healthy moms and kids

- Prenatal and parenting classes, and family planning
- Healthy Heartbeats prenatal and postpartum wellness program with incentives
- Safe Sleep education program
- Watch Me Grow: Childhood wellness program with incentives

Phone and online tools

- Free smartphone with 350 minutes, unlimited texts, plus 1 GB of data monthly
- Free calls to Member Services

Vision

- Up to \$100 for frames or contacts every 24 months

Wellness programs

- Personal fitness program for your specific needs
- Nutrition education program
- Registered nurse and mobile programs to help manage chronic conditions

*Kaiser: Arlington, Alexandria, King George, Fairfax, Fairfax County, Falls Church, Fauquier, Loudoun, Manassas Park, Prince William and Stafford.